



XXV CARIFTA 2010 SWIMMING COMPETITION SWIMMING, WATER POLO and SYNCHRONISED SWIMMING

1. DATE AND VENUE : APRIL 3 – 6, 2010

VENUE 1: NATIONAL STADIUM POOL – INDEPENDENCE PARK

POOL SPECIFICATIONS: 8 Lane, 50 Metre pool with Colorado Electronic Timing
25 Metre warm up pool available

VENUE 2: BOURNEMOUTH BATH POOL

POOL SPECIFICATIONS: 8 Lane, 25 Metre pool (19 and Under Female, 16 and Under Male Water Polo and Synchronized Swimming)

Warm up pool

GAMES VILLAGE: KNUTSFORD COURT HOTEL, Ruthven Road, New Kingston

2. SCHEDULE

Friday, April 2nd: Arrival of teams

Technical Meeting - 7:00 PM (Games Village)

Technical Officials Meeting - 8:30 PM (Games Village)

Saturday, April 3rd (Day 1): Swimming Preliminary Heats - 9:00 AM

Synchronized Swimming Figures

Water Polo Competition

Opening Ceremony 5:30 PM – 5:55 PM (Stadium Pool)

Swimming Finals – 6:00 PM

Sunday, April 4th (Day 2): Swimming Preliminary Heats - 9:00 AM

Synchronized Swimming Solos

Water Polo Competition

Swimming Finals – 6:00 PM

Monday, April 5th (Day 3): Swimming Preliminary Heats - 9:00 AM

Synchronized Swimming Duets

Water Polo Competition

Swimming Finals – 6:00 PM

Tuesday, April 6th (Day 4): Swimming Preliminary Heats - 9:00 AM

Synchronized Swimming Teams

Water Polo Competition

Congress 12:30PM – 2:30PM at the Games Village

Swimming Finals – 6:00 PM

Closing ceremony after the Swimming Finals & Awards – (Stadium Pool)

FINAL NIGHT PARTY – Knutsford Court Hotel Poolside – Games Village

Wednesday April 7th: DEPARTURE OF TEAMS