



COMPLAN PREP/PRIMARY SCHOOLS SWIM MEET - 2008

ASAJ SANCTION #:

VENUE: National Stadium Pool (50M), Kingston, Jamaica
8 Lane 25 M Warm –up pool
Electronic Timing and Hy-Tek Meet Manager will be used

DATES & TIMES: Saturday November 29, 2008
8:30 AM Session 1
1:30 PM Session 2

Pool will be open 1½ hours before starting time.

ELIGIBILITY: All Prep, Primary and All Age school Swimmers 12 years and younger (Entry forms must be signed by the school principal).
Ages for the meet shall be as of midnight August 31, 2008.

ENTRY LIMITS: **Entries will be limited to 600 swimmers on a “first come first serve” basis.**
Number of events per swimmer – Four (4) including relays.
Number of entries per school (individual) - Three (3) per event (see below)
Number of entries per school (relays) – Two (2) per relay event

- **Entry limit in 50 M freestyle is five (5) per event**
- **All events will be swum as timed finals**

ENTRY FEES: J\$200.00 per swimmer
J\$200.00 per relay entry

NB: Schools with a scratch rate of greater than 5% (events entered) will be required to pay a scratch fee of J\$1500.00. If the fee is not paid within 14 days after the competition, there will be a 100% increase to \$3000.00. Thereafter appropriate sanction will apply.

RULES: FINA rules and ASAJ By-laws in force at time of competition will apply. Additional Rules and Regulations - see attached.

ENTRY DEADLINE: **4:00 PM Friday November 14, 2008.** Entries are to be delivered to the ASAJ office or ASAJ Mail Box at the NATIONAL STADIUM POOL. Entries are preferred in electronic form using Hy-Tek software. A signed hard copy of the entries must be sent as proof of entry. Deliver as indicated above or email to asaj@cwjamaica.com
Note: Entries will not be accepted without the names of the clubs volunteers (see rule 1.3 on next page)
NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added

TECHNICAL MEETING: Thursday November 20, 2008 at 6:30 PM in the Conference Room of the Sports Development Foundation, 31 Phoenix Avenue, Kingston 10.

NOTE

1. **Entry times must be stated for each entry for each event**
2. **Relay entries must be indicated on entry form with entry time**
3. **Age/Date of birth of each competitor must be placed on entry form**
4. **Entry fees must accompany entry forms**

ADDITIONAL RULES AND REGULATIONS

1. GENERAL

- 1.1. Passes will be provided for officials, coaches and competitors.
- 1.2. False starts – The FINA starting rules (SW4) will apply
- 1.3. **Schools** are required to submit, **with their entries**, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Volunteers **MUST** report to the Meet Director at least 60 minutes before the start of the competition for registration and assignment. Schools are expected to provide the following number of volunteers (non-compliant schools will be excluded from participation):
 - ❖ 1 – 10 swimmers entered: One (1) volunteers per session
 - ❖ 11 – 20 swimmers entered: Two (2) volunteers per session
 - ❖ 21 & more swimmers entered: Three (3) volunteers per session

NB: Team ID's will not be given to schools until the names of their volunteers have been submitted to the ASAJ office.

2. **DECK ENTRIES AND TIME TRIALS** will be allowed at the discretion of the Referee. Swim times will be included in the final results but will not score points nor be eligible for awards. A fee of JA\$200 per event will be charged. Consideration for deck entries will apply based on the following conditions:

- 2.1. Request is made at the start of the session for which it applies
- 2.2. Selection is based on a first come first selected basis subject to availability of lane(s)

3. MARSHALLING

- 3.1. There will be no marshalling area for the meet. Swimmers for the next heat must be behind the blocks while the current heat is in progress.
- 3.2. Coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned. If a swimmer swims in the wrong lane or heat, he/she will be automatically disqualified.
- 3.3. Once the starter has taken control of the race (after second whistle), no swimmer may then enter the race. Violation of this rule will result in summary disqualification.

4. ENTRIES

- 4.1. Late entries will only be allowed under the most extreme circumstances (at the discretion of ASAJ)
- 4.2. Competitors will only be allowed to swim in their age group
- 4.3. All swimmers entered must registered with their school. Swimmers competing in relays only must be entered on the entry form and noted as "relay only" on Hy-Tek entries.
- 4.4. Scratches, spelling corrections and checking of original entries are to be done at the Technical Meeting. Clarification of rules or technicalities will be done at the Technical Meeting.
- 4.5. If a swimmer's name does not appear on the final programme and was not scratched at the Technical Meeting the corrections should be made to the heat sheet
- 4.6. It is the School's responsibility to be represented at the Technical Meeting Schools without representation at the Technical Meeting will forfeit their opportunity to have corrections made.
- 4.7. No additions or substitutions will be allowed after the Technical Meeting.
- 4.8. Scratches are allowed at any time
- 4.9. Relay cards must be handed in to the Recorder Thirty (30) minutes before the start of the first event of the session. Any change must be made at least four (4) events prior to the scheduled event number, After that, a medical certificated will be required for changes. Swimmers must be named in order of swimming in accordance with FINA rules

5. AWARDS AND POINTS

- 5.1. **Medals will be awarded to the fastest three (3) swimmers in each event**
- 5.2. **Ribbons will be awarded to the swimmers finishing 4th to 8th place in each individual event**
- 5.3. Points for each event will be awarded as follows: 9, 7, 6, 5, 4, 3, 2, 1 for 1st to 8th places respectively for individual events. For relays the points will be 18, 14, 12, 10, 8, 6, 4, 2 for places 1st to 8th.
- 5.4. The following trophies will be awarded
 - 5.4.1. The COMPLAN SHIELD – To the Champion School (combined high points)
 - 5.4.2. 2nd and 3rd place schools
 - 5.4.3. Top Female Team and Top Male Team
 - 5.4.4. Top Primary School
 - 5.4.5. The Complian Energy Trophy – to the school with the best team spirit and sportsmanship

ORDER OF EVENTS FOR THE 2008 COMPLAN SWIM MEET

SESSION 1 – FIRST EVENT STARTS AT 8:30 AM

EVENT NO.	EVENT	F - Female M - Male	Age Group
1/2	200 M IND. MEDLEY	F/M	10 - 12
3/4	50 M BACKSTROKE	F/M	6 & Under
5/6	50 M BACKSTROKE	F/M	7 - 8
7/8	50 M BACKSTROKE	F/M	9 - 10
9/10	50 M BACKSTROKE	F/M	11 - 12
11/12	50 M FREESTYLE	F/M	6 & Under
13/14	50 M BUTTERFLY	F/M	7 - 8
15/16	50 M BUTTERFLY	F/M	9 - 10
17/18	50 M BUTTERFLY	F/M	11 - 12
19/20	50 M BREAST	F/M	6 & Under
21/22	4X50 M FREE RELAY	F/M	7 - 8
23/24	4X50 M FREE RELAY	F/M	9 - 10
25/26	4X50 M FREE RELAY	F/M	11 - 12
27/28	4X50 M FREE RELAY	F/M	6 & Under

SESSION 2 – FIRST EVENT STARTS AT 1:30 PM

EVENT NO.	EVENT	F - Female M - Male	Age Group
29/30	100 M FREESTYLE	F/M	10 - 12
31/32	50 M BREAST	F/M	7 - 8
33/34	50 M BREAST	F/M	9 - 10
35/36	50 M BREAST	F/M	11 - 12
37/38	50 M FREESTYLE	F/M	7 - 8
39/40	50 M FREESTYLE	F/M	9 - 10
41/42	50 M FREESTYLE	F/M	11 - 12
43/44	4X50 M MED. RELAY	F/M	7 - 8
45/46	4X50 M MED. RELAY	F/M	9 - 10
47/48	4X50 M MED. RELAY	F/M	11 - 12

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End