



ISSA SCHOOLS' SWIM MEET - 2008

ASAJ SANCTION #:

VENUE: National Stadium Pool (50M), Kingston, Jamaica
8 Lane 25 M Warm –Up pool
Electronic Timing and Hy-Tek Meet Manager will be used

DATES & TIMES: Friday November 28, 2008
8:30 AM Session 1
1:30 PM Session 2

Pool will be open one (1) hour before starting time.

ELIGIBILITY: All High Schools, Universities and Colleges are invited to attend
Ages for the meet shall be as of midnight August 31, 2008.

ENTRY LIMITS: Number of events per swimmer – Five (5) excluding relays.
Number of entries per school (individual) - Three (3) per event (see below)
Number of entries per school (relays) – One (1) per relay event

- **Entry limit in 50 M freestyle is five (5) per event**
- **Entry limit in open events is three (3)**
- **All events will be swum as timed finals (see attached programme)**

ENTRY FEES: There is no entry fee for schools registered with the Inter-Secondary School Sports Association (ISSA). For all other entries, the following entry fees apply:
J\$200.00 per swimmer
J\$200.00 per relay entry

RULES: FINA rules and ASAJ By-laws in force at time of competition will apply. Additional Rules and Regulations - see attached.

AWARDS: The Awards Ceremony will be held on Thursday, December 4, 2008 commencing at 12.00 noon. The venue will be announced shortly. All Awards from the ISSA Swim Meet will be handed out at this Ceremony

ENTRY DEADLINE: **4:00 PM Friday November 14, 2008.**
ISSA Schools - Entry Forms must be submitted to the ISSA Office along with the other documents/photos etc. required by ISSA
Non-ISSA Schools - Entries are to be delivered to the ASAJ office or ASAJ Mail Box at the NATIONAL STADIUM POOL. Entries are preferred in electronic form using Hy-Tek software. A signed hard copy of the entries must be sent as proof of entry. Deliver as indicated above or email to asaj@cwjamaica.com

TECHNICAL MEETING: Thursday November 20, 2008 at 10.00 a.m. in the Conference Room of the Sports Development Foundation (SDF) 31 Phoenix Avenue, Kingston 10. A Briefing Session for all School Coaches will be held in conjunction with the Technical Meeting. All Schools should therefore ensure that their respective Coaches are present at the Meeting.

NOTE

1. **Entry times must be stated for each entry for each event**
2. **Relay entries must be indicated on entry form with entry time**
3. **Date of birth of each competitor must be placed on entry form**
4. **Life Guards will be on duty. Swimmers and team officials who do not comply with a Life Guard's commands will be excluded from further participation in the meet and must leave the pool compound.**

ADDITIONAL RULES AND REGULATIONS

1. GENERAL

- 1.1. Passes will be provided for Officials, Coaches and Competitors. ID's will be provided to all ISSA registered swimmers.
- 1.2. False starts - The FINA starting rules (SW4) will apply. This rule will be further clarified at the Technical Meeting.
- 1.3. **Schools** are required to submit, **with their entries**, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Volunteers **MUST** report to the Meet Director at least 60 minutes before the start of the competition for registration and assignment. Schools are expected to provide the following number of volunteers (non-compliant schools will be excluded from participation):
 - ❖ 1 – 10 swimmers entered: One (1) volunteers per session
 - ❖ 11 – 20 swimmers entered: Two (2) volunteers per session
 - ❖ 21 & more swimmers entered: Three (3) volunteers per session

NB: Team ID's will not be given to schools until the names of their volunteers have been submitted to the ASAJ Office

2. DECK ENTRIES AND TIME TRIALS will be allowed at the discretion of the Referee. Swim times will be included in the final results, but will not score points nor be eligible for awards. A fee of JA\$200 per event will be charged. Consideration for deck entries will apply based on the following conditions:

- 2.1. Request is made at the start of the session for which it applies
- 2.2. Selection is based on a first come basis subject to availability of lane(s)

3. MARSHALLING

- 3.1. There will be no Marshalling Area for the Meet. Swimmers for the next heat must be behind the blocks while the current heat is in progress.
- 3.2. Coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned. If a swimmer swims in the wrong lane or heat, he/she will be automatically disqualified.
- 3.3. Once the starter has taken control of the race (after second whistle), no swimmer may then enter the race. Violation of this rule will result in summary disqualification.

4. ENTRIES

- 4.1. Late entries will only be allowed under the most extreme circumstances (at the discretion of ASAJ)
- 4.2. Competitors will only be allowed to swim in their age group
- 4.3. All swimmers entered must registered with their school. Swimmers competing in relays only must be entered on the entry form and noted as "relay only" on Hy-Tek entries.
- 4.4. Scratches, spelling corrections and checking of original entries are to be done at the Technical Meeting. Clarification of rules or technicalities will be done at the Technical Meeting.
- 4.5. **No entries will be allowed after the Technical Meeting**
- 4.6. Relay cards must be handed in to the recorder thirty (30) minutes before the start of the first event of the Session. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. Swimmers must be named in order of swimming in accordance with FINA rules.

5. AWARDS AND POINTS

- 5.1. Points for each event will be awarded as follows: 9, 7, 6, 5, 4, 3, 2, 1 for first place to eight place respectively for individual events. For relays the points will be 18, 14, 12, 10, 8, 6, 4, 2 for places 1st to 8th respectively.
- 5.2. High School – Medals will be awarded for first to third places for each event and ribbons for places fourth to eighth. Universities – Medals will be awarded separately for places first to third (no ribbons)
- 5.3. Trophies will be awarded as follows:
 - ❖ No trophy will be awarded for the overall winning school in the High Schools section
 - ❖ There will be a trophy for the school that wins the female and male division (all high school)
 - ❖ There will be a trophy awarded to the top female and male schools registered with ISSA
 - ❖ There will be a trophy for the overall winning University/College

ORDER OF EVENTS FOR THE 2008 ISSA SWIM MEET

High Schools, Universities and Colleges

Friday, November 28, 2008

SESSION 1 8:30 AM

1	25 M Lifesaving	F	Open
2	100 M Breast	M	Open
3-4	200 M Freestyle	F/M	Open
5-6	50 M Backstroke	F/M	12 & under
7-8	50 M Backstroke	F/M	13-14
9-10	50 M Backstroke	F/M	15-16
11-12	50 M Backstroke	F/M	17 & over
13-14	50 M Butterfly	F/M	12 & under
15-16	50 M Butterfly	F/M	13-14
17-18	50 M Butterfly	F/M	15-16
19-20	50 M Butterfly	F/M	17 & over
21-22	4x50 M Free Relay	F/M	12 & under
23-24	4x50 M Free Relay	F/M	13-14
25-26	4x50 M Free Relay	F/M	15-16
27-28	4x50 M Free Relay	F/M	17 & over

SESSION 2 1:30PM

29-30	200 M Ind. Medley	F/M	Open
31-32	100 M Freestyle	F/M	12 & under
33-34	100 M Freestyle	F/M	13-14
35-36	100 M Freestyle	F/M	15-16
37-38	100 M Freestyle	F/M	17 & over
39-40	50 M Breast	F/M	12 & under
41-42	50 M Breast	F/M	13-14
43-44	50 M Breast	F/M	15-16
45-46	50 M Breast	F/M	17 & over
47-48	50 M Freestyle	F/M	12 & under
49-50	50 M Freestyle	F/M	13-14
51-52	50 M Freestyle	F/M	15-16
53-54	50 M Freestyle	F/M	17 & over
55-56	4x50 M Med. Relay	F/M	12 & under
57-58	4x50 M Med. Relay	F/M	13-14
59-60	4x50 M Med. Relay	F/M	15-16
61-62	4x50 M Med. Relay	F/M	17 & over

End