

**RODNEY HEIGHTS AQUATIC CENTRE
SUMMER SPLASH SWIM MEET 2008
AUGUST 28 - 30, 2008**

The Rodney Heights Aquatic Centre in St. Lucia West Indies extends to you a cordial invitation to participate in its Fifth Summer Splash Swim Meet to be held in St. Lucia, August 28 – 30, 2008. We invite all unattached swimmers. **NOTE: SENIOR category of swimmer. This is to encourage MASTERS to come out and enjoy the meet.**

Course: 8 lane 25 meter pool with Colorado Timing System.

Age Groups:	Individual Events	6 – Under	Relays	8 – Under
		7 – 8		9 – 12
		9 – 10		13 – Over
		11 – 12		
		13 – 14		
		15 – 17		
		MASTERS		

The age of the swimmer on December 31, 2007 will determine the age group that the swimmer is eligible to swim. *In the open events there is no age requirement. MASTERS are those 18 AND OVER. These are open events and will be no further breakdown of ages. There will be no scoring for MASTERS. Places will be identified. Based on interest we will organize a subsequent MASTERS MEET.

Agenda

Thursday, August 28, 2008	Arrival of Teams	
	Warm-Up	4:00 PM – 5:15 PM
Session 1	Day 1 – Championships	5:30 PM Start
	Technical Meeting	Following evening session
Friday, August 29, 2008	Warm-Up	8:30 AM – 9:30 AM
Session 2	Day 2 – Championships	9:45 AM Start
Friday, August 29, 2008	Warm-Up	4:00 PM – 5:15 PM
Session 3	Day 2 – Championships	5:30 PM Start
Saturday, August 30, 2008	Warm-Up	8:30 AM – 9:45 AM
Session 4	Day 3 – Championships	10:00 AM
	Closing Awards Ceremony	30 min following finish
Sunday, August 31, 2008	Team Departures	

Registration and Entries

Entries must be made on the entry form, which accompanies this Notice. The entries must be returned to the Organizing Committee by Monday, August 15th, although we would appreciate a verbal response of your desire to participate as soon as possible with number of swimmers. Entries should be submitted in Hytek format where at all possible or on the form provided. Entries should be returned to the following address:

Rodney Heights Aquatic Centre
P.O. Box 908, Castries, St. Lucia West Indies
Phone: (758) 450-SWIM e-mail: dsw.slu@gmail.com or aquatic@candw.lc
Fax: (758) 458-0772

The NO FALSE START RULE will be in effect in accordance with FINA rules SW 4:1 and SW 4:4. All heats are timed finals.

The following will apply to all entries:

1. **Each Club may enter any number of competitors in individual events. ONLY the two swimmers with the highest points will score points in an individual event.**
2. **ALL EVENTS WILL BE SEEDED ACCORDING TO ENTRY TIME. ALL EVENTS WILL BE SCORED BY AGE GROUP.**
3. Each Club may enter multiple teams per relay event however, only one relay team per club may score points.
4. There is no restriction on the number of events in which an individual competitor may participate. Entries may be made in Meet Manager form.
5. Heats will be announced and swimmers missing their respective heat will not be allowed to take part in the event.
7. **There shall be an Entry Fee of US \$ 2.00 per event. (No entry limit) and US \$ 5.00 per relay team. Penalty fee for swimmers who fail to scratch or fail to swim US \$4.00 per event. This penalty must be paid before the swimmer is eligible to swim further in the Meet. Masters will swim without paying an entry fee.** Entry Fees must be paid prior to the start of the meet.
8. Swimmers competing in relay events must be registered in the meet.
9. Late entries will be allowed in any event when a lane is open in an existing heat and payment of US \$4.00 for the late entry.

Awards

1. Medals will be awarded to the first three places in individual events. Ribbons will be awarded to the 4th to 8th places in each individual event. Relays will be awarded Ribbons in all places 1st to 8th.
2. **MASTERS WILL ONLY BE AWARDED RIBBONS FOR 1ST TO 8TH PLACE. A PLAQUE WILL GO TO MALE AND FEMALE SWIMMERS WITH THE HIGHEST INDIVIDUAL POINTS.** Will be awarded for combined ages not each age range.
2. Trophies will be awarded to the swimmer in each Age group, male and female, with the highest number of individual points.
3. A trophy will be awarded to the 1st, 2nd and 3rd Place Teams.
4. Scoring shall be as follows:

First Place	9 points
Second Place	7 points
Third Place	6 points

Fourth Place	5 points
Fifth Place	4 points
Sixth Place	3 points
Seventh Place	2 points
Eighth Place	1 point

Please Note: Double Points for Relays.

Officials

Each club participating will be asked to **provide 2 officials for each session** of the meet. These names should be submitted along with entries to allow a schedule of officials to be made.

Programme

There will be no Heats or Preliminaries. All events are Timed Finals and seeded according to entry time. The pool will be open each day 90 minutes prior to the meet for warm-up. Lane assignments will be given at the beginning of day one of the meet.

Refreshments

A concession stand will be available throughout the meet.
Heat Sheets will be on sale during the meet.

Housing

Contact Bay Gardens, Bay Gardens Inn or Coco Kreole Hotels. These are the official hotels for the meet.

COCO KREOLE HOTEL Rodney Bay Tel: (758) 452 0712 Fax: (758) 452 0713
e-mail: reservations@cocokreole.com
BAY GARDENS HOTEL & INN Rodney Bay Tel: (758) 452 8200 Fax: (758) 452 8002
e-mail: bay gardensinn@candw.lc Website: baygardenshotel.com

ALL EVENTS WILL BE SEEDED ACCORDING TO ENTRY TIME. ALL EVENTS WILL BE SCORED BY AGE GROUP.

DAY ONE: Thursday Evening August 28, 2008
Warm-up 4:00 pm – 5:15 pm Start 5:30 pm

<u>Event</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
1 – 2	9 & Over	400 m Free
3 – 4	8 & Under	25 m Free
5 – 6	OPEN	50 m Back
7 – 8	MASTERS	50 m Back
9 – 10	8 & Under	25 m Fly
11 – 12	9 & Over	100 m Fly
13 – 14	MASTERS	25 m Fly
15 – 16	8 & Under	Mixed 4 x 50 m Fr Relay
17 – 18	9 – 12	Mixed 4 x 50 m Fr Relay
19 – 20	13 – Over	Mixed 4 x 50 m Fr Relay

Mixed Relays comprise of 2 Males and 2 Females in Each Age Group

DAY TWO: Friday Morning August 29, 2008

Warm-up 8:30 am – 9:30 am Start 9:45 am

<u>Event</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
21	OPEN	800 m Free
22	OPEN	1500 m Free

DAY TWO: Friday Evening August 29, 2008

Warm-Up 4:00 pm – 5:15 pm. Start 5:30 pm.

<u>Event</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
23 – 24	OPEN	200 m Free
25 – 26	OPEN	50 m Breast
27 – 28	MASTERS	50 m Breast
29 – 30	10 & Under	100 m IM
31 – 32	11 & Over	200 m IM
33 – 34	MASTERS	100 m IM
35 – 36	8 & Under	25 m Back
37 – 38	9 & Over	100 m Back
39 – 40	MASTERS	25 m Back
41 – 42	8 & Under	4 x 50 Medley Relay
43 – 44	9 – 12	4 x 100 Medley Relay
45 – 46	13 – Over	4 x 100 Medley Relay

DAY THREE: Saturday Morning August 30, 2008

Warm-up 8:30 am – 9:45 am. Start of Meet 10:00 am

<u>Event</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
47 – 48	OPEN	400 IM
49 – 50	OPEN	100 m Free
51 – 52	MASTERS	25 m Free
53 – 54	OPEN	50 m Fly
55 – 56	MASTERS	50 m Fly
57 – 58	8 & Under	25 m Breast
59 – 60	9 & Over	100 m Breast
61 – 62	MASTERS	25 m Breast
63 – 64	OPEN	50 m Free
65 – 66	MASTERS	50 m Free
67 – 68	8 & Under	4 x 50 m Free Relay
69 – 70	9 – 12	4 x 100 m Free Relay
71 – 72	13 – Over	4 x 100 m Free Relay

AWARDS CEREMONY 30 MIN AFTER CLOSE OF MEET