

Amateur Swimming Association of Trinidad & Tobago

#3 Henry Pierre Street, Woodbrook, Trinidad, West Indies

A.S.A.T.T. INVITATIONAL SWIMMING CHAMPIONSHIPS SUMMONS

The Amateur Swimming Association of Trinidad & Tobago extends a cordial invitation to you to participate in the Invitational Age Group Championships to be held in Trinidad from **Thursday, December 10th** to **Sunday, December 13th**, 2009.

RULES:

A. AGE GROUPS:

08 & Under 09 – 10 11 – 12 13 – 14 15 and Over

The Swimmer's age on December 31, 2008 determines the age group within which he/she is eligible to swim.

B: DATES, VENUE OF COMPETITION

The competition will be held at Marlins 50-meter pool at St. Anthony's College Grounds, Westmoorings, in accordance with the FINA rules in effect at that time. **(Please note that Trinidad and Tobago has adopted the new FINA regulations with respect to swimwear from 1st October 2009.)**

Schedule:

- | | | | |
|-------|------------------------|---|---|
| (i) | Arrival of Teams | - | December 9 th , 2009 |
| (ii) | Opening Ceremony | - | December 11 th , 2009 at 5:40 p.m. |
| (iii) | Competition | - | December 10-13 th 2009 |
| (iv) | Presentation of Awards | - | December 13 th 2009 after events. |

C: ACCOMODATIONS:

- (i) Cascadia Hotel, St. Anns. Tel #: 868-623-4208, 623-3511
- (ii) Chaconia Inn, Maraval. Tel #: 868-628-0941, 622-2346
- (iii) Monique's Guest House, Maraval. Tel #: 868-628-3334, 628-2351
- (iv) Par-May-La's Inn and Sundeck Suites, Port of Spain. Tel #: 868-628-2008, 628-4707

For transportation services, please call Ralph Yearwood 'Linky' at 868-771-0777 or Mr. John at 765-4132

D: QUALIFICATIONS:

Competitors must be registered swimmers with the Federation of the country sanctioning their participation. All local swimmers must be registered with ASATT, and overseas teams must present to the Organizing Committee the sanction letter from their National Federation.

E: REGISTRATION AND ENTRIES:

Entries must be made in *Hy-Tek Meet Manager* format. (The required Hy-Tek format or the Excel entry spread sheet will be distributed separately by electronic mail and will be posted on www.marlins-tt.com or www.ttaquatics.com). Entries must be sent to haydennewallo@hotmail.com or info@ttaquatics.com. All entry forms with the inserted times must be in the hands of the Organizing Committee by Tuesday December 1st, 2009. **Entries not submitted in the prescribed entry forms or Meet Manager format will not be accepted.**

Mailing Address:	Telephone Contacts:	
THE SECRETARY, ASATT 3 Henry Pierre Street Woodbrook TRINIDAD, W.I.	Hayden Newallo	868-622-0005
	Dean Romany	868-680-0122
	Roger Rodriguez	868-680-8543
	Fax:	868-622-0005

The following rules will apply to entries:

1. There is **NO** limit to the number of swimmers that a club may enter in the individual events; however, only the fastest two swimmers will score points for the club. There shall be neither substitutes nor alternates in individual events.
2. Each club may enter multiple teams per relay event. However, only one relay team per club will be allowed to score for points. Each club will designate the scoring relay as the "A" relay.
3. There shall be no restriction on the number of events within which a competitor may participate.
4. Heats will be announced and swimmers missing their respective heat will not be allowed to take part in that event.
5. The 9 – 10 age group swimmers, who will be swimming in the 11 – 12 age group in 2010, will be permitted to swim as exhibition swimmers in the 11 – 12 age group for the events that are not available at the 9 – 10 age group. The 11 – 12 age group swimmers, who will be swimming in the 13 – 14 age group in 2010, will be permitted to swim in the 800/1500 metre freestyle event as exhibition swimmers.
6. The fees are as follows:
 - (i) TT\$100.00 (US\$ 16.00) - Team Fees
 - (ii) TT\$12.00 (US\$ 2.00) - per swimmer per entry
 - (iii) TT\$24.00 (US\$ 4.00) - per entry for Relay Team
 - (iv) TT\$12.00 (US\$ 2.00) - for each scratch after Wednesday 9th December 2009.
 - (v) TT\$24.00 (US\$ 4.00) - Penalty fee for swimmers who fail to scratch, or fail to swim. This penalty must be paid before the swimmer is permitted to swim further in this Meet and in subsequent ASATT Meets.
 - (vi) TT\$24.00 (US\$ 4.00) - Penalty fee for swimmers who fail to achieve the qualifying time in a given event. This penalty must be paid before the swimmer is eligible to swim further in this Meet and in subsequent ASATT Meets.
7. Entry fees are due by Monday 7th December 2009. Participating Clubs from overseas are required to pay entry fees on arrival. **Team entry reports will be posted on the websites, emailed or faxed to the respective Clubs by Thursday, December 3rd 2009.** All participating clubs are asked to indicate any discrepancies in the team listing by **Saturday, December 5th, 2009 at 6:00 p.m.** If no acknowledgement of errors is received by this date the Association will assume that the entry report was correct. The psyche sheet will be posted on the website www.marlins-tt.com and www.ttaquatics.com by **Monday 7th December 2009.**

F: AWARDS:

1. Medals will be awarded to the first three (3) places in each event. Ribbons will be awarded from 4th to 8th place in each event.
2. A Trophy will be awarded to the team gaining the highest aggregate of points. Team points will be accumulated in all events.

3. Trophies will be awarded in each age group category to the top three swimmers with the highest aggregate of points. Relays will not count toward individual scoring.

SCORING SHALL BE AS FOLLOWS:

First Place	-	9 points	Fifth Place	-	4 points
Second Place	-	7 points	Sixth Place	-	3 points
Third Place	-	6 points	Seventh Place	-	2 points
Fourth Place	-	5 points	Eight Place	-	1 point

Double points for relays.

G: MEET OFFICIALS:

The Amateur Swimming Association of Trinidad & Tobago will appoint Judges, Officials and Referees for the Competition, and competing Clubs are invited to submit with their entries, names of qualified persons willing to serve as Timekeepers, Judges, etc. during the meet.

H: TECHNICAL MEETING:

A short briefing will take place on the pool deck for all coaches and team officials prior to the start of session 1 on Thursday, December 10th 2009.

I: PROGRAMME:

There will be no heats or preliminaries. All entries will be timed finals. 'Over the top starts' for all Feestyle, Breaststroke, Fly and I.M. events.

J: ORDER OF EVENTS:

1. Timed Finals shall commence at 6:00 p.m. on the 1st and 2nd days and at 5:00 p.m. on the other two (2) days. Morning events will commence at 9:00 a.m.
2. The pool will be opened one and a half (1½) hours before each competition for warm up. **Please note that there will be open warm-up with designated sprint and pace lanes to be restricted for that use only from 45 minutes before start of competition.**
3. The 13 – 14 and 15 & Over 800/1500m Freestyle events will be swum combined for seeding purposes, but will be scored separately per age group. All 200m events, excluding freestyle and IM and all 400m events will be swum combined for seeding purposes for age groups 11-12 to 15 & Over, but will be scored separately per age group.
4. Intermissions would be held at the discretion of the Meet Referee.

K: QUALIFYING TIMES:

Swimmers failing to achieve the qualifying time in a given event will be subjected to the penalty as listed in Section E 6 (vi), and would not be eligible to score team or individual points in the given event..

The qualifying times are as follows:

FEMALE		MALE		FEMALE		MALE	
		9 TO 10				13 TO 14	
00:49.00	50 FR	00:47.33		00:38.20	50 FR	00:35.20	
01:38.37	100 FR	01:36.54		01:21.63	100 FR	01:13.88	
03:19.18	200 FR	03:10.54		02:51.68	200 FR	02:44.00	
00:52.68	50 FL	00:50.99		06:10.00	400 FR	05:55.00	
00:53.50	50 BK	00:52.00		12:30.00	800/1500 FR	21:00.00	
00:58.50	50 BR	00:56.74		00:42.84	50 BK	00:39.99	
03:45.40	200 IM	03:39.35		01:35.49	100 BK	01:26.50	
				03:08.00	200 BK	02:53.00	
				00:41.27	50 FLY	00:37.02	
	11 TO 12			01:33.00	100 FLY	01:24.68	
00:42.09	50 FR	00:38.43		03:32.00	200 FLY	03:20.00	
01:30.89	100 FR	01:19.29		00:50.77	50 BR	00:45.36	
02:55.07	200 FR	02:47.15		01:45.07	100 BR	01:34.10	
06:30.00	400 FR	06:15.00		03:50.00	200 BR	03:30.00	
00:48.27	50 BK	00:44.82		03:33.00	200 IM	03:10.50	
01:42.51	100 BK	01:39.34		06:50.00	400 IM	06:10.00	
03:14.93	200 BK	03:02.52					
00:48.63	50 FLY	00:45.15					
01:41.54	100 FLY	01:35.27			15 & O		
03:40.00	200 FLY	03:30.00		00:37.14	50 FR	00:33.41	
00:52.32	50 BR	00:49.28		01:19.86	100 FR	01:10.00	
01:54.55	100 BR	01:45.04		02:38.03	200 FR	02:22.80	
04:00.00	200 BR	03:42.00		05:50.00	400 FR	05:35.00	
03:35.95	200 IM	03:10.42		12:30.00	800/1500 FR	21:00.00	
				00:39.85	50 BK	00:37.63	
				01:31.50	100 BK	01:22.99	
				03:03.00	200 BK	02:47.00	
				00:36.64	50 FLY	00:33.54	
				01:29.36	100 FLY	01:12.23	
				03:20.00	200 FLY	02:55.00	
				00:46.49	50 BR	00:41.12	
				01:40.00	100 BR	01:28.77	
				03:40.00	200 BR	03:01.57	
				03:20.00	200 IM	02:56.26	
				06:25.00	400 IM	06:00.00	

Paul Homer
1st Vice President
A.S.A.T.T

**ASATT INVITATIONAL SWIMMING CHAMPIONSHIPS
10TH – 13TH DECEMBER 2009**

ORDER OF EVENTS

DAY 1 **Warm-up 4:30 p.m. – 5:50 p.m.; Competition 6:00 p.m.**
(Thursday)

1 – 2		400m	Freestyle	11 & Over
3 – 4		50m	Backstroke	08 & Under
5 – 6		50m	Backstroke	09 – 10
7 – 8		50m	Backstroke	11 – 12
9 - 10		50m	Backstroke	13 – 14
11 - 12		50m	Backstroke	15 and Over
13 - 14		200m	Butterfly	11 & Over

DAY 2 **Warm-up 4:00 p.m. – 5:30 p.m.; March past 5:40 p.m.; Competition 6:00 p.m.**
(Friday)

15 - 16		100m	Freestyle	08 & Under
17 - 18		100m	Freestyle	09 – 10
19 - 20		100m	Freestyle	11 – 12
21 - 22		100m	Freestyle	13 – 14
23 - 24		100m	Freestyle	15 and Over
25 - 26		200m	Breaststroke	11 & Over
27 - 28		50m	Butterfly	08 & Under
29 - 30		50m	Butterfly	09 – 10
31 - 32		50m	Butterfly	11 – 12
33 - 34		50m	Butterfly	13 – 14
35 - 36		50m	Butterfly	15 and Over
37 - 38		4 x 100m	Freestyle Relay	11 – 12
39 - 40		4 x 100m	Freestyle Relay	13 – 14
41 - 42		4 x 100m	Freestyle Relay	15 and Over

DAY 3 **Morning warm-up 7:30 a.m. – 8:50 a.m.; Competition 9:00 a.m.**
(Saturday) **Afternoon warm-up 3:30 p.m. – 4:50 p.m.; Competition 5:00 p.m.**

43 - 44		400m	Individual Medley	11 & Over (a.m.)
45 - 46		200m	Freestyle	09 – 10
47 - 48		200m	Freestyle	11 – 12
49 - 50		200m	Freestyle	13 – 14
51 - 52		200m	Freestyle	15 and Over
53 - 54		100m	Butterfly	11 – 12
55 – 56		100m	Butterfly	13 – 14
57 - 58		100m	Butterfly	15 and Over
59 - 60		50m	Breaststroke	08 & Under
61 - 62		50m	Breaststroke	09 – 10
63 - 64		50m	Breaststroke	11 – 12
65 - 66		50m	Breaststroke	13 – 14
67 - 68		50m	Breaststroke	15 and Over
69 - 70		200m	Backstroke	11 & Over
71 - 72		4 X 50m	Medley Relay	08 & Under
73 - 74		4 X 50m	Medley Relay	09 – 10
75 - 76		4 X 50m	Medley Relay	11 – 12
77 - 78		4 X 50m	Medley Relay	13 – 14
79 - 80		4 X 50m	Medley Relay	15 and Over

DAY 4
(Sunday)

Morning warm-up 7:30 a.m. – 8:50 a.m.; Competition 9:00 a.m.
Afternoon warm-up 3:30 p.m. – 4:50 p.m.; Competition 5:00 p.m.

81		800m	Freestyle		13 & Over Female (a.m.)
82		1500m	Freestyle		13 & Over Male (a.m.)
83 - 84		200m	Individual Medley		09 – 10
85 - 86		200m	Individual Medley		11 – 12
87 - 88		200m	Individual Medley		13 – 14
89 - 90		200m	Individual Medley		15 and Over
91 - 92		100m	Backstroke		11 – 12
93 - 94		100m	Backstroke		13 – 14
95 - 96		100m	Backstroke		15 and Over
97 - 98		50m	Freestyle		08 & Under
99 - 100		50m	Freestyle		09 – 10
101 - 102		50m	Freestyle		11 – 12
103 - 104		50m	Freestyle		13 – 14
105 - 106		50m	Freestyle		15 and Over
107 - 108		100m	Breaststroke		11 – 12
109 - 110		100m	Breaststroke		13 – 14
111 - 112		100m	Breaststroke		15 and Over
113 - 114		4 X 50m	Freestyle Relay		08 & Under
115 - 116		4 X 50m	Freestyle Relay		09 – 10
117 - 118		4 X 50m	Freestyle Relay		11 – 12
119 - 120		4 X 50m	Freestyle Relay		13 – 14
121 - 122		4 X 50m	Freestyle Relay		15 and Over