



## AMATEUR SWIMMING ASSOCIATION OF JAMAICA

### MEMORANDUM

**TO:** All Principals, School Swimming Coaches and Club Coaches.

**FROM:** Mrs. Jacqueline Walter - National Technical Director, Swimming

**SUBJECT:** 2009 FINA Development Coaches Course, Kingston, Jamaica

**DATE:** October 12, 2009

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Further to previous correspondence concerning the 2009 FINA Development Coaches Clinic which will be held in Kingston, Jamaica from Wednesday, October 28, 2009 to Sunday, November 1, 2009 we now write to give an update on arrangements for the Clinic. The Clinic will be held in the **Conference Room of the Jamaica Olympic Association, 9 Cunningham Avenue, Kingston 6** and will be conducted by Mr. Guy Edson, an ASCA Certified Coach from the USA.

Kindly note the **revised** schedule for the Sessions which will be as follows: -

Wednesday, October 28, 2009 - 5:30 p.m. to 9:00 p.m.

Thursday, October 29, 2009 - 8:00 a.m. to 11:00 a.m. and 5:30 p.m. to 9:00 p.m.

Friday, October 30, 2009 - 8:00 a.m. to 3:00 p.m.

Saturday, October 31, 2009 - 8:00 a.m. to 3:00 p.m.

Sunday, November 1, 2009 - 9:00 a.m. to 12:00 noon

The cost for Registration to attend the FINA Clinic, for which participants will receive a Certificate of Participation, remains at **one thousand five hundred dollars (\$1,500.00) per Coach**. Mr. Edson has however, in a recent correspondence received from him, kindly consented to run concurrently an American Swim Coaches Association (ASCA) Level 1 & Level 2 International Coaches Clinic while he is here in Jamaica.

The Level 1 ASCA Course will incorporate emphasis on Principles of Motivation, Principles of Teaching and working with others while the Level 2 Course will be more technique oriented with emphasis on teaching progressions and drills.

The additional cost to enroll in these Courses, for which participants would get an ASCA Coaching Manual and be allowed to sit the ASCA test to receive International coaching accreditation, is **US\$25.00 for Level 1 and US\$25.00 for Level 2 respectively**. There will be a special rate of **US\$125.00** charged for Coaches who wish to register for ASCA International membership and participate in both the Level 1 & 2 ASCA Clinics - US\$125.00.

For those persons who are interested in doing the FINA Clinic only, the topics to be covered will include: -

- Technique for all four (4) Strokes and Turns
- Planning a year round programme for your swimmers
- The Development of an Age Group Swimmer through to the Senior Level

This Clinic will indeed be an excellent opportunity for our local Swim Coaches to upgrade their skills, learn new techniques in swimming and share ideas for the development of swimming in Jamaica, so we encourage you to give this venture your wholehearted support and we look forward to welcoming your School/Club's Coach at the Clinic as we work together to improve the sport of swimming.

Kindly find attached a Registration Form for the Clinic and we would appreciate being advised ahead of time whether your Coach is interested in the FINA Clinic only or would also like to participate in the ASCA Level 1 and/or Level 2 Swimming Coaches Certification Course.

Sincerely,

Jacqueline Walter (Mrs.)  
National Technical Director - Swimming

c.c. Mr. George Forbes - Competition Director, ISSA  
Mrs. Hazel Cameron - Chairman of Swimming, ISSA

**Updated: - October 12, 2009**