



WALTER LOWI SPRINT MEET - 2009

ASAJ SANCTION #:

VENUE: UWI Swimming Pool - Mona
Electronic Timing and Hy-Tek Meet Manager will be used

DATES & TIMES: Saturday November 14, 2009
8:00 AM Session 1
2:30 PM Session 2

Pool will be open 1½ hours before starting time.

ELIGIBILITY: All Clubs and Swimmers registered with the ASAJ or other FINA affiliated Federations.
Age Group Swimming - Ages for the meet shall be as of midnight Dec 31, 2008.
Masters Swimming - Ages for the meet shall be as of midnight Dec 31, 2009

ACCOMODATION: The ASAJ will arrange special room and dining rates at local hotels if overseas entries are received. Details will be posted on our website www.swimjamaica.com. If preferred; the ASAJ is able to arrange accommodation in local homes.

ENTRY LIMITS: Number of events per swimmer – Four (4)
Number of entries per Club - No limit

ENTRY FEES: **HY-TEK ENTRIES**
J\$100.00 (for ASAJ registered swimmers) or US\$2.00 per event.

OTHER ENTRIES
J\$120.00 (for ASAJ registered swimmers) or US\$2.50 per event.
J\$150.00 (for ASAJ registered swimmers) or US\$2.75 per event if entry received after 4:00pm, Friday November 6, 2009.

RULES: FINA rules and ASAJ By-laws in force at time of competition will apply. Additional Rules and Regulations - see attached.

REGISTRATION: **The ASAJ register closes at 4:00 PM on Friday October 23, 2009**

ENTRY DEADLINE: 4:00 PM Friday November 6, 2009. Entries are to be delivered to the ASAJ office or ASAJ Mail Box at the NATIONAL STADIUM POOL. Entries are preferred in electronic form using Hy-Tek software. A signed hard copy of the entries must be sent as proof of entry. Deliver as indicated above or email to asaj@cwjamaica.com
Note: Entries will not be accepted without the names of the clubs volunteers (see rule 1.3 on next page)
NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added

ADDITIONAL RULES AND REGULATIONS

1. GENERAL

- 1.1. False starts – The FINA starting rules (SW4) will apply.
- 1.2. Passes will be provided for officials, coaches and competitors.
- 1.3. **Local clubs** are required to submit, **with their entries**, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Clubs must submit the names of volunteers to the ASAJ Office at least 4 days before the start of the competition. Volunteers **MUST** report to the volunteer desk at least 60 minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant clubs will be excluded from participation):

❖ 1 – 10 swimmers entered:	One (1) volunteers per session
❖ 11 – 20 swimmers entered:	Four (4) volunteers per session
❖ 21 – 40 swimmers entered:	Five (5) volunteers per session
❖ 41 or more swimmers entered:	Eight (8) volunteers per session

2. **DECK ENTRIES AND TIME TRIALS** will be allowed at the discretion of the Referee. Swim times will be included in the final results but will not score points nor be eligible for awards. A fee of JA\$200 per event will be charged. Consideration for deck entries will apply based on the following conditions:

- 2.1. Request is made at the start of the session for which it applies
- 2.2. Selection is based on a first come basis subject to availability of lane(s)

3. MARSHALLING

- 3.1. There will be no marshalling area for the meet. Swimmers for the next heat must be behind the blocks while the current heat is in progress.
- 3.2. Coaches are responsible to get their swimmers on the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned. If a swimmer swims in the wrong lane or heat, he/she will be automatically disqualified.
- 3.3. Once the starter has taken control of the race (after second whistle), no swimmer may then enter the race. Violation of this rule will result in summary disqualification.

4. ENTRIES

- 4.1. Competitors will only be allowed to swim in their age group
- 4.2. Scratches are allowed at any time before the starter takes control of the race
- 4.3. Masters records will be entered according to the FINA Masters age groupings.

5. AWARDS AND POINTS

- 5.1. For age group events, points for each event will be awarded as follows: 9, 7, 6, 5, 4, 3, 2, 1
- 5.2. A performance trophy will be awarded to the male and female swimmer in each age group who accomplishes the highest number of FINA points in a single swim
- 5.3. Masters swimming will be scored in the following age groups: 25-34, 35-44, 45-54 etc.
- 5.4. Team trophies will be awarded to the 1st, 2nd and 3rd place clubs.
- 5.5. Ribbons will be awarded to the first eight places in the event.

ORDER OF EVENTS FOR THE 2009 WALTER LOWI SWIM MEET

SATURDAY

SESSION 1 8:00 AM

1-2	50 M Butterfly	TF	F/M 11-12
3-4	50 M Butterfly	TF	F/M 13-14
5-6	50 M Butterfly	TF	F/M 15 & over
7-8	50 M Butterfly	TF	F/M 8 & under
9-10	50 M Butterfly	TF	F/M 9-10
11-12	100 M Backstroke	TF	F/M 11-12
13-14	100 M Backstroke	TF	F/M 13-14
15-16	100 M Backstroke	TF	F/M 15 & over
17-18	50 M Backstroke	TF	F/M 8 & Under
19-20	50 M Backstroke	TF	F/M 9-10
21-22	50 M Breaststroke	TF	F/M 11-12
23-24	50 M Breaststroke	TF	F/M 13-14
25-26	50 M Breaststroke	TF	F/M 15 & over
27-28	100 M Freestyle	TF	F/M 11-12
29-30	100 M Freestyle	TF	F/M 13-14
31-32	100 M Freestyle	TF	F/M 15 & over

SESSION 2 2:30PM

33-34	50M	Breaststroke	TF	F/M Masters
35-36	100M	Butterfly	TF	F/M 11-12
37-38	100M	Butterfly	TF	F/M 13-14
39-40	100M	Butterfly	TF	F/M 15 & over
41-42	100 M	Freestyle	TF	F/M 10 & under
43-44	50 M	Backstroke	TF	F/M Masters
45-46	50 M	Backstroke	TF	F/M 11-12
47-48	50 M	Backstroke	TF	F/M 13-14
49-50	50 M	Backstroke	TF	F/M 15 & over
51-52	50 M	Freestyle	TF	F/M Masters
53-54	50 M	Breaststroke	TF	F/M 8 & under
55-56	50 M	Breaststroke	TF	F/M 9-10
57-58	100 M	Breaststroke	TF	F/M 11-12
59-60	100 M	Breaststroke	TF	F/M 13-14
61-62	100 M	Breaststroke	TF	F/M 15 & over
63-64	50 M	Butterfly	TF	F/M Masters
65-66	50 M	Freestyle	TF	F/M 8 & under
67-68	50 M	Freestyle	TF	F/M 9-10
69-70	50 M	Freestyle	TF	F/M 11-12
71-72	50 M	Freestyle	TF	F/M 13-14
73-74	50 M	Freestyle	TF	FM 15 & over

End