



**AMATEUR SWIMMING ASSOCIATION OF JAMAICA
MEMORANDUM**

TO: All Swimmers on the Three (3) National Swim Squads

FROM: Mr. Allan Marsh, - Vice President, Swimming

SUBJECT: Christmas Squad Training Camp - December 28/30, 2011
and January 2-5, 2012.

DATE: December 12, 2011

This is to advise that there will be a Christmas Training Camp for all members of the three (3) National Swim Squads on **Wednesday, December 28th and Friday, December 30, 2011** and also from **Monday, January 2, 2012 to Thursday, January 5, 2012** as per the attached Schedule.

As indicated on the schedule, you will observe that there will also be a Development Meet on **Saturday, December 31, 2011** when members of the various National Swim Squads will compete in friendly competition with members of the McMaster University Swim Team from Hamilton, Ontario, Canada who will be visiting Jamaica for their Annual Winter Training Camp. **Participation in this Development Meet is mandatory for ALL National Squad Swimmers.**

All members of the National Swim Squads are expected to attend the Christmas Training Camp on the dates and times listed on the Schedule as this will form an important part of background training for those persons who are training with a view to making the 2012 CARIFTA National Age Group Swimming Team. However, swimmers on any of the National Swim Squads who have not been training regularly with their Clubs since September 2011 are being asked to advise the ASAJ in writing of this situation and to request that you be excused from attending the camp.

The coordinator for the Camp is Mrs. Wendy Lee and it is important that contact be made directly with Coach Wendy at 881-5334 or with the ASAJ Office at 920-6229/30 to confirm your availability. Should you not be able to attend the Training camp, a written apology from your parent/guardian should be submitted to the ASAJ Office stating the reason(s) for your absence.

Swimmers not currently in any of the National Swim Squads but who have attained a top five ranking, in each Age Group, in the 100 meter freestyle event based on the results of the 2011 Christmas Open Championships will also be invited to participate in the Camp.

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Allan Marsh
Vice President, Swimming