

FOR IMMEDIATE RELEASE

AMATEUR SWIMMING ASSOCIATION OF JAMAICA

PRESS RELEASE

JAMAICAN SWIMMER PERFORMS WELL IN TRINIDAD

Junior National Squad Member Sidrell Williams returned to the island yesterday with 7 medals having competed in the Amateur Swimming Association of Trinidad and Tobago Invitational Swimming Championship held December 10-13, 2009 at the St. Anthony's College Grounds, Westmoorings, Trinidad.

Williams, swimming in the Boys 11-12 Age Group, won two (2) gold medals with personal best times in the 200M Butterfly (2:31.31) and the 400M Individual Medley (5:30.73). He gained five (5) silver medals in the 200M Individual Medley, 50M Butterfly, 100M Butterfly, 50 Breaststroke and the 100M Breaststroke. He received a trophy for placing second overall in his age group.

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Submitted by

Faith Palmer – 332-6319

Hon. Secretary

15 December 2009