



**PRESS RELEASE #1 (6<sup>th</sup> March, 2011)**  
**Synchro Stars (Jamaica)**  
**&**  
**Amateur Swimming Association of Jamaica**  
**wishes to advise that some of its members will be attending**  
**2011**  
**CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION**  
**INTERMEDIATE CHAMPIONSHIPS**  
**AND**  
**SEASIDE NOVICE/AGE GROUP INVITATIONAL – Los Angeles, California USA**

**WHO WILL BE ATTENDING:**

**Age Group:**

Breann Campbell (12 & Under)

- CISC (2008) 12 & Under Team Routine Silver Medalist
- CARIFTA (2009) National Synchronised Swimming Team Member
- St. Paul's Star Frostbite International Invitational (Minnesota – USA) GOLD MEDAL Winner, February 5 – 6, 2010
- CARIFTA (2010) National Synchronised Swimming Team Member
- CISC (2010) National Synchronised Swimming Team Member
- JISSC (2010) Helped Synchro Stars (Ja.) achieve Overall Champion Trophy
- Island Aquatics Invitational (2011) Silver Medal Solo
- CARIFTA (2011) National Synchronised Swimming Team Member – Solo (But due to lack of entries the SY portion has been CANCELLED)
- 2011CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION: Solo (12 & under)

Alexandria Chin (13 - 15)

- JISSC (2010) Member of First Place 13-15 Novice Team /Top Novice Team and Overall Champions
- Participated in 2011 National Synchronised Swimming Team Trials with highest career scores achieved for duet with Bianca Isabella Cisneros-Wynter
- Island Aquatics Invitational (2011) Gold Medal for Duet/Team Events
- 2011CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION: Duet, Team (13-15)

Bianca Isabella Cisneros-Wynter (13 - 15)

- JISSC (2010) Member of First Place 13-15 Novice Team /Top Novice Team, Gold Medal for Duet with Joley Campbell, Bronze Medal in Figure Event and Overall Champions
- Participated in 2011 National Synchronised Swimming Team Trials with highest career scores achieved for duet with Alexandria Chin
- Island Aquatics Invitational (2011) Gold Medal for Duet/Team Events, Silver Medal for Figure Event
- 2011CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION: Duet, Team (13-15)

**SENT BY: Diahann Campbell (Chairman - Synchro Stars)**  
**Vice-President – Synchronised Swimming (ASAJ – Jamaica)**

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Ackeem West (13 - 15)

- JISSC (2010) Member of First Place 13-15 Novice Team /Top Novice Team, Silver Medal for Trio and Overall Champions
- Island Aquatics Invitational (2011) Gold Medal for Team Event
- 2011CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION: Team (13-15)

Joley Campbell (13 - 15)

- JISSC (2010) Member of First Place 13-15 Novice Team /Top Novice Team, Gold Medal for Duet with Bianca Isabella Cisneros-Wynter, Silver Medal in Figure Event and Overall Champions
- Island Aquatics Invitational (2011) Gold Medal for Duet/Team Events, Bronze Medal for Figure Event
- 2011CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION: Team (13-15)

**Novice:**

T'Neil Gooden (8 & Under)

- JISSC (2010) Member of First Place 12&Under Novice Team/Top Novice Team, Gold Medal for Trio Event, Bronze Medal for Solo Event and Overall Champions
- ASAJ Figure Competition (2011) Bronze Medal in 12&Under Novice Figure Event
- Island Aquatics Invitational (2011) Gold Medal for Duet, Silver Medal for Solo
- 2011CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION: Solo (8 & Under)

Amore Hunter (8 & Under)

- ASAJ Figure Competition (2011) 8<sup>th</sup> Place Ribbon Winner for 12&Under Novice Figures
- Island Aquatics Invitational (2011) Made Routine Debut and took 4<sup>th</sup> Place Ribbon for Duet with Lawrence
- 2011CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION: Duet (8 & Under)

Mia- Elizabeth Lawrence (8 & Under)

- Island Aquatics Invitational (2011) Made Career Debut and took 4<sup>th</sup> Place Ribbon for Duet with Hunter
- 2011CENTRAL CALIFORNIA ASSOCIATION and PACIFIC ASSOCIATION: Duet (8 & Under)

**WHEN THE TEAM DEPARTS: Wednesday, 6<sup>th</sup> April, 2011 (@ 6:30am on #AA1504)**

**WHEN THE TEAM RETURNS: Monday, 11<sup>th</sup> April 2011 (@ 9:10PM on #AA1049)**

**MEET DATES: Saturday, 9<sup>th</sup> April - Sunday 10<sup>th</sup> April, 2011**

**LOCATION:** PATTULLO SWIM CENTER  
1148 Wheeler Street  
Seaside, CA 93955  
(831) 899-6805

**HOSTED BY: Cypress Swim Club** (They came to the CLARO Jamaica International Synchronized Swimming Championship 2010 and won Gold, Silver and Bronze Medals)

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## Thoughts on the Event:

The 2011 Central California Association and Pacific Association Intermediate Championships and Seaside Novice/Age Group Invitational – USA is a ZONE 1 Level Meet. This means that athletes from this meet are selected to train in the U.S. National program. To put this in perspective – the USA national team is pulled from all 52 states, while in Jamaica the national team is pulled from Kingston.

The # 1 USA club – Santa Clara – Aquamaids (<http://www.aquamaids.org/about.php>) sends their "A" Team to this event and it is set to have over 150 athletes. Synchro Stars is the only non-US Club participating. To put this in perspective - Carifta 2010 saw 21 SY athletes and 2011 only 3 (***now cancelled due to insufficient competition***), while the Claro JISSC 2010 had over 45 athletes from 2 local and 4 overseas clubs.

This meet is critical and extremely important for the developmental of Synchronised Swimming in Jamaica as, while there is talent, we have lacked exposure to higher level meets, training techniques and clinics that will help to elevate our standard of performance.

Due to the true Jamaican hospitality that was extended to the Cypress Swim Club while they participated in Claro JISSC 2010, they have arranged housing for all participating athletes from Synchro Stars Jamaica (a very big financial help). I'm also extremely happy to share that this trip is just as important for the athletes as for the sport, as there will be meetings with the USA #1 Coach, Chris Carver – Santa Clara – Aquamaids and the VP – USA Synchronized Swimming – Betty Hazel, in the hope of creating and strengthening the exchange programs, access to equipment and expertise. We ultimately invite them to conduct the USA Synchronised Swimming National Winter Training Camp (which involves swimmers from all 52 states) in Jamaica in 2011.

Last year February, Synchro Stars (Ja.) travelled to Minnesota, and this year we are travelling to Los Angeles. The idea is to expose the athletes to different climates, pool types, training styles and judging teams, with the hope of creating well-rounded athletes. Also the opportunity for the athletes to compete against the #1 US club Santa Clara – Aquamaids.

As shared earlier, Synchro Stars (Ja.) will be training with the #1 US Team which includes members of the US National Team, coupled with added exposure to additional equipment and techniques. This will give them a great advantage and confidence boost for CCCAN 2011 (Now in Puerto Rico) and beyond.

Interest in the sport has increased tremendously since Synchro Stars (Ja.) hosted a media and public exposé to demystify Synchronised Swimming myths, coupled with a most successful Claro Jamaica International Synchronised Swimming Championship 2010 @ The Bournemouth Swim Complex – Kingston, Jamaica.

Thank You

March, 2011

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