
RECORDS NATIONAL AGE
LC Meters-Women

8 & U	50 Free	34.35	29-Mar-03	BSEAL	K.NANGLE	PRE-CARIFTA DEVEL.MEET	
	100 Free	1:16.68	29-Nov-95	SPE	ALLISON BARDOWELL	IND/JAM	
	200 Free	3:00.20	19-May-79	MAR	T.WRIGHT	JUNIOR CHAMPIONSHIPS	
	400 Free	6:41.00	11-Nov-71	UNA	L.HEWITT		
	800 Free	13:49.90	30-Oct-71	UNA	L.HEWITT		
	1500 Free	26:28.50	11-Apr-69	FFA	ROSIE PHILLIPS		
	50 Back	40.91	10-Dec-05	ROY	STEFANI WEBLEY	GOLD LAS LIC	
	100 Back	1:40.50	13-Nov-71	UNA	L.HEWITT		
	50 Breast	44.47	18-Nov-95	SPE	ALLISON BARDOWELL	SENIOR CHAMPIONSHIPS	
	100 Breast	1:49.00	5-Nov-71	UNA	L.HEWITT		
	50 Fly	38.84	29-Mar-03	SPE	RAYNAE HALL	PRE-CARIFTA DEVELOPMENT MEET	
	200 IM	3:21.09	16-Dec-95	SPE	ALLISON BARDOWELL	KARL DALHOUSE MEMORIAL	
	200 Free Relay	2:35.41	1-Mar-03	SPE	'Y' SPEEDOS	R.Hall, B.Bartley,A.Royal-Eatmon, L.Llewellyn	
	200 Medley Relay	2:59.00	31-Dec-69	FFA	E.ARIS,C.MCKENZIE,R.PHILLIPS,K.NEBD		
	9-10	50 Free	30.88	22-Dec-07	ROY	STEFANI WEBLEY	CHRISTMAS OPEN CHAMPIONSHIPS
100 Free		1:08.32	17-Aug-97	PLANT	ALLISON BARDOWELL	JUNIOR OLYMPICS	
200 Free		2:26.53	15-Aug-97	PLANT	ALLISON BARDOWELL	JUNIOR OLYMPICS	
400 Free		5:00.91	15-Aug-97	PLANT	ALLISON BARDOWELL	JUNIOR OLYMPICS	
800 Free		11:53.90	21-Sep-68	UNA	C.GIBBONS		
1500 Free		22:37.20	11-Apr-69	FFA	BELINDA PHILLIPS		
50 Back		35.73	22-Dec-07	ROY	STEFANI WEBLEY	CHRISTMAS OPEN CHAMPIONSHIPS	
100 Back		1:23.60	* 30-Sep-73	MAR	TRACEY BARNES		
100 Back		1:23.60	* 30-Sep-73	MAR	TRACEY BARNES		
200 Back		3:00.35	20-Dec-07	ROY	STEFANI WEBLEY	CHRISTMAS OPEN CHAMPIONSHIPS	
50 Breast		40.42	16-Dec-04	SPE	VICTORIA HO	BARRACUDAS INVITATIONAL, PANAM.	
100 Breast		1:31.59	2-Aug-89	SPE	KERONE PEAT	JUNIOR OLYMPICS	
200 Breast		3:30.78	21-Dec-07	TOR	PRISCILLA McCLURE	CHRISTMAS OPEN CHAMPIONSHIPS	
50 Fly		33.47	20-Dec-07	ROY	STEFANI WEBLEY	CHRISTMAS OPEN CHAMPIONSHIPS	
100 Fly		1:25.03	22-Dec-07	ROY	STEFANI WEBLEY	CHRISTMAS OPEN CHAMPIONSHIPS	
200 Fly		3:24.30	4-Oct-68	UNA	C.GIBBONS		
200 IM		2:52.62	16-Aug-97	PLANT	ALLISON BARDOWELL	JUNIOR OLYMPICS	
400 IM		5:41.70	9-Nov-68	UNA	C.GIBBONS		
200 Free Relay		2:15.37	1-Aug-88	JAM	K.STEWART,K.PEAT,J.LEE,N.LOWE.	CISC	
200 Medley Relay		2:35.47	31-Jul-94	JAM	CISC		
11-12		50 Free	28.23	5-Jul-01	JAM	ALIA ATKINSON	CCCAN
		100 Free	1:01.86	18-Jul-08	JAM	BREANNA ROMAN	CISC, JAMAICA
		200 Free	2:18.06	28-Mar-08	JAM	BREANNA ROMAN	CARIFTA, ARUBA
	400 Free	4:46.75	26-Jun-99	FLST	ALLISON BARDOWELL	HALL OF FAME	
	800 Free	10:05.83	27-Jun-99	FLST	ALLISON BARDOWELL	HALL OF FAME	
	1500 Free	20:37.62	28-Jan-06	FAST	VICTORIA HO	FAST/FGC SPRING INVITE	
	50 Back	32.08	25-Jun-07	JAM	KENDESE NANGLE	CCCAN, EL SALVADOR	
	100 Back	1:09.73	30-Jun-07	JAM	KENDESE NANGLE	CCCAN, EL SALVADOR	
	200 Back	2:36.00	25-Jun-07	JAM	KENDESE NANGLE	CCCAN, EL SALVADOR	
	50 Breast	36.06	20-Feb-09	SSC	DANIELLE BOOTHE	WALTER ROGERS A.G.C.	
	100 Breast	1:19.89	19-Apr-09	JAM	DANIELLE BOOTHE	CARIFTA, ARUBA	
	200 Breast	2:49.73	16-Apr-09	JAM	DANIELLE BOOTHE	CARIFTA, ARUBA	
	50 Fly	29.97	17-Apr-09	JAM	DANIELLE BOOTHE	CARIFTA, ARUBA	

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11-12	100 Fly	1:10.86	16-May-09	ROY	STEFANI WEBLEY	PLANTATION INVITAIONAL
	200 Fly	2:45.68	9-Apr-07	JAM	RAYNAE HALL	CARIFTA, JAMAICA
	200 IM	2:36.57	7-Jul-01	JAM	ALIA ATKINSON	CCCAN
	400 IM	5:31.20	24-Jun-99	FLST	ALLISON BARDOWELL	HALL OF FAME
	200 Free Relay	1:58.88	10-Apr-07	JAM	JAMAICA, CARIFTA JAMAICA	K.NANGLE,B.ROMAN,A.ROYA
	400 Free Relay	4:23.20	7-Apr-07	JAM	JAMAICA, CARIFTA JAMAICA	K.NANGLE,A.ROYAL-EATMAN
	200 Medley Relay	2:21.85	11-May-97	TOR	A.BATCHELOR,M.CHUCK,A.REDWOOD,A.THOMPSON	TOR/CAF
	400 Medley Relay	4:58.67	8-Apr-07	JAM	JAMAICA, CARIFTA JAMAICA	B.KENNEY,K.NANGLE.R.HALL
13-14	50 Free	26.86	16-Aug-03	JAM	ALIA ATKINSON	PAN AM GAMES.
	100 Free	57.54	6-Dec-97	BSST	JANELLE ATKINSON	U.S. OPEN
	200 Free	2:05.07	5-Dec-97	BSST	JANELLE ATKINSON	U.S. OPEN
	400 Free	4:19.89	4-Dec-97	BSST	JANELLE ATKINSON	U.S. OPEN
	800 Free	8:58.43	6-Dec-97	BSST	JANELLE ATKINSON	U.S. OPEN
	1500 Free	18:50.01	25-May-00	FLST	ALLISON BARDOWELL	SENIOR CHALLENGE
	50 Back	31.08	20-Jul-08	JAM	KENDESE NANGLE	CISC, JAMAICA
	100 Back	1:08.19	22-Jul-08	JAM	KENDESE NANGLE	CISC, JAMAICA
	200 Back	2:29.10	13-Apr-97	JAM	JANELLE ATKINSON	CARIFTA
	50 Breast	34.72	25-Apr-11	JAM	PRISCILLA McCLURE	CARIFTA, BARBADOS
	100 Breast	1:14.81	14-Aug-03	JAM	ALIA ATKINSON	PAN AM GAMES
	200 Breast	2:45.10	19-Apr-03	JAM	ALIA ATKINSON	
	50 Fly	29.57	18-Jul-08	JAM	KENDESE NANGLE	CISC, JAMAICA
	100 Fly	1:07.49	8-Jul-97	JAM	JANELLE ATKINSON	CCCAN
	200 Fly	2:23.20	26-Feb-72	FFA	BELINDA PHILLIPS	
	200 IM	2:26.67	15-Aug-03	JAM	ALIA ATKINSON	PAN AM GAMES
	400 IM	5:24.80	26-Jul-01	FLST	ALLISON BARDOWELL	SPEEDO CHAMPIONS SERIES
	200 Free Relay	1:54.02	30-Mar-08	JAM	JAMAICA, CARIFTA, ARUBA	R. Hall, V. Ho, D. Banks, K. Nangle
	400 Free Relay	4:12.73	19-Jul-96	JAM	JAMAICA. CISC	A. Chuck, K-A. Steer, Ja. Atkinson, Ji. Atkins
	800 Free Relay	9:12.32	5-Apr-10	JAM	JAMAICA, CARIFTA, JAMAICA	K.Nangle, B.Kenny, L. Williams, Vic
	200 Medley Relay	2:22.20	31-Aug-75	FFA	TOMLINSON, MCKENZIE, MEEKS, FACEY	
	400 Medley Relay	4:46.29	28-Mar-08	JAM	JAMAICA, CARIFTA, ARUBA	K. Nangle, V, Ho, A, Royal-Eatmon
15-17	50 Free	25.95	15-Aug-08	JAM	NATASHA MOODIE	OLYMPIC GAMES, BEIJING
	100 Free	57.95	4-Apr-99	JAM	JANELLE ATKINSON	CARIFTA
	200 Free	2:01.11	3-Aug-99	JAM	JANELLE ATKINSON	PAN-AM
	400 Free	4:08.79	17-Sep-00	JAM	JANELLE ATKINSON	OLYMPIC GAMES
	800 Free	8:34.51	21-Sep-00	BSST	JANELLE ATKINSON	OLYMPIC GAMES
	1500 Free	16:22.12	22-Jun-99	BSST	JANELLE ATKINSON	SANTA CLARA
	50 Back	30.92	23-Apr-11	JAM	KENDESE NANGLE	CARIFTA, BARBADOS
	100 Back	1:05.49	2-Jul-11	JAM	KENDESE NANGLE	CCCAN, PUERTO RICO
	200 Back	2:24.05	20-Jun-11	JAM	KENDESE NANGLE	CCCAN, PUERTO RICO
	50 Breast	32.59	16-Mar-06	JAM	ALIA ATKINSON	COM.GAMES MELBOURNE
	100 Breast	1:10.95	15-Aug-04	COFP	ALIA ATKINSON	JNR NATIONAL CHAMPIONSHIPS, IRV
	200 Breast	2:38.31	17-Jul-06	JAM	ALIA ATKINSON	CAC COLUMBIA
	50 Fly	28.87	2-Aug-05	JAM	ALIA ATKINSON	CCCAN, DOMINICAN REPUB.
	100 Fly	1:06.07	1-Feb-98	JAM	JANELLE ATKINSON	KARL DALHOUSE, JAMAICA
	200 Fly	2:23.07	30-Apr-00	JAM	JANELLE ATKINSON	CARIFTA
	200 IM	2:21.69	21-Jul-06	JAM	ALIA ATKINSON	CAC, COLUMBIA
	400 IM	5:09.72	31-Jul-05	JAM	ALIA ATKINSON	WORLD CHAMPIONSHIPS, MONTREA
	200 Free Relay	1:52.91	10-Apr-07	JAM	JAMAICA, CARIFTA JAMAICA	L.DOWNS, T.FARQUHARSON, D
	400 Free Relay	4:04.58	23-Apr-11	JAM	JAMAICA CARIFTA BARBADOS	K.NANGLE B.ROMAN, A.ROY
	800 Free Relay	8:57.25	25-Apr-11	JAM	JAMAICA, CARIFTA BARBADOS	K.NANGLE, B.ROMAN, A.RO'

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15-17	200 Medley Relay	2:13.54	7-May-97	TOR	L.GORDON,J.JAMES,A.CHUCK,T.DAVIS TOR/CARIN INVITE
	400 Medley Relay	4:34.07	24-Apr-11	JAM	JAMAICA, CARIFTA BARBADOS K.NANGLE, B.ROMAN, A.RO'

RECORDS NATIONAL AGE

LC Meters-Men

8 & U	50 Free	32.30	11-Dec-99	SPE	ALFORD GREEN	FFA INVITE	
	100 Free	1:12.39	10-Dec-99	SPE	ALFORD GREEN	FFA INVITE	
	200 Free	2:41.20	4-Aug-72	FFA	DEREK MARKS		
	400 Free	5:41.40	8-Oct-70	FFA	ANDREW PHILLIPS		
	800 Free	11:40.70	11-Aug-72	FFA	DEREK MARKS		
	1500 Free	22:43.20	5-Aug-72	FFA	DEREK MARKS		
	50 Back	38.67	10-May-97	SPE	TRAVIS FORTE	TORNADOES/CARIB INVITE	
	100 Back	1:32.80	8-Aug-86	MAR	JULIAN MCINTOSH	MIAMI SPRINGS	
	50 Breast	42.85	14-Dec-86	SPE	JULIAN MCINTOSH	SENIOR CHAMPIONSHIPS	
	100 Breast	1:41.20	21-Oct-72	FFA	DEREK MARKS		
	50 Fly	34.57	15-Aug-97	SPE	TRAVIS FORTE	JUNIOR OLYMPICS	
	100 Fly	1:30.03	30-Jul-90	SPE	PAUL PEAT	JUNIOR OLYMPICS	
	200 IM	3:06.80	7-Oct-70	FFA	ANDREW PHILLIPS		
	200 Free Relay	2:26.46	11-Dec-99	SPE	'Y' SPEEDOS, FFA INVITE	Do.Todd, J.Dean, R.Walton, A.Green	
	200 Medley Relay	2:49.10	19-Dec-99	SPE	R.WALTON,J.DEANE,A.GREEN,J.TAYLOR	D'ORO PANAMA	
	9-10	50 Free	29.40	16-Dec-01	SPE	ALFORD GREEN	AGE GROUP GOLD CHALLENGE
		100 Free	1:04.41	14-Dec-01	SPE	ALFORD GREEN	AGE GROUP GOLD CHALLENGE
200 Free		2:28.60	10-Aug-72	FFA	ANDREW PHILLIPS		
400 Free		5:10.40	22-Aug-74	FFA	DEREK MARKS		
800 Free		10:58.96	6-Oct-01	SPE	ALFOR GREEN	ASAJ DEVELOPMENT MEET	
1500 Free		20:36.60	5-Aug-72	FFA	ANDREW PHILLIPS		
50 Back		33.95	29-Nov-02	SGC	RAMON WALTON	ISSA SCHOOLS MEET	
100 Back		1:18.74	1-Aug-80	SPE	ANTHONY ALLEN	MIAMI SPRINGS	
200 Back		2:53.30	22-Aug-74	FFA	DEREK MARKS		
50 Breast		37.01	30-Jul-90	SPE	TSHAKA DOUGLAS	JUNIOR OLYMPICS	
100 Breast		1:24.18	30-Jul-90	SPE	TSHAKA DOUGLAS	JUNIOR OLYMPICS	
200 Breast		3:11.07	21-Dec-07	BSEAL	ANTOINE YOUNG	CHRISTMAS OPEN CHAMPIONSHIPS	
50 Fly		32.27	13-Aug-92	SPE	PAUL PEAT	DEAN MARTIN INVITE	
100 Fly		1:14.96	5-Oct-02	SPE	RAMON WALTON	BLUE SEALS INVITATIONAL	
200 Fly		2:56.50	6-Sep-74	FFA	DEREK MARKS		
200 IM		2:43.05	8-Jul-90	JAM	TSHAKA DOUGLAS	CISC	
400 IM		5:51.40	23-Aug-74	FFA	DEREK MARKS		
200 Free Relay		2:05.88	7-Jul-90	JAM	B.LUE SANG,T.DOUGLAS,M.ZEBECHAKA,A.MCKENZIE	CISC	
200 Medley Relay		2:21.43	7-Jul-90	JAM	B.LUE SANG,T.DOUGLAS.M.ZEBECHAKA,A.MCKENZIE	CISC	
11-12		50 Free	26.29	8-Dec-02	TOR	BRAD HAMILTON	AGE GROUP GOLD LAS LICK
	100 Free	57.43	7-Dec-02	TOR	BRAD HAMILTO	AGE GROUP GOLD LAS LICK	
	200 Free	2:10.14	18-May-02	TOR	BRAD HAMILTON	JUNIOR AB CHAMPIONSHIPS	
	400 Free	4:31.95	31-May-02	TOR	BRAD HAMILTON	BROWARD ABC INVITE	
	800 Free	9:42.07	6-Dec-02	TORR	BRAD HAMILTON	AGE GROUP GOLD LAS LICK	
	1500 Free	18:57.76	17-May-02	TOR	BRAD HAMILTON	JUNIOR AB CHAMPIONSHIPS	
	50 Back	30.25	16-Apr-09	JAM	TIMOTHY WYNTER	CARIFTA, ARUBA	
	100 Back	1:06.44	17-Apr-09	JAM	TIMOTHY WYNTER		
	200 Back	2:23.09	19-Apr-09	JAM	TIMOTHY WYNTER	CARIFTA, ARUBA	
	50 Breast	33.43	1-Jul-10	JAM	KEVAUGHN CAMPBELL	CISC CUBA	
	100 Breast	1:12.89	2-Jul-10	JAM	KEVAUGHN CAMPBELL	CISC CUBA	
	200 Breast	2:42.75	9-Jul-98	JAM	ADI ATKINSON	CISC	
	50 Fly	28.33	17-Apr-09	JAM	TIMOTHY WYNTER	CARIFTA, ARUBA	

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11-12	100 Fly	1:04.27	18-Nov-95	TOR	RAMON JAMES SENIOR CHAMPIONSHIPS	
	200 Fly	2:25.83	6-Jul-02	JAM	BRAD HAMILTON	CISC
	200 IM	2:28.34	4-Jul-02	JAM	BRAD HAMILTON	CISC
	400 IM	5:21.36	30-Sep-76	FFA	DEREK MARKS	
	200 Free Relay	1:53.60	14-Apr-02	JAM	JAMAICA, CARIFTA	B. Hamilton, A. Green, R. Chen, J. Wong
	400 Free Relay	4:05.78	4-Jul-02	JAM	JAMAICA, CISC	A.Green,R.Chen,J.Wong,B.Hamilton
	200 Medley Relay	2:12.17	15-Dec-95	TOR	K.THOMPSON,J.MAXWELL,R.JAMES,G.IRELAND KARL DALHO	
	400 Medley Relay	4:38.26	13-Apr-02	JAM	JAMAICA, CARIFTA	T. Wong, R. Chen, B. Hamilton, A. Greer
13-14	50 Free	24.47	3-Jul-04	JAM	BRAD HAMILTON	CISC JAMAICA
	100 Free	53.69	16-Apr-04	JAM	BRAD HAMILTON	CARIFTA, BAHAMAS
	200 Free	1:59.84	15-Apr-04	JAM	BRAD HAMILTON	CARIFTA, BAHAMAS
	400 Free	4:17.16	18-Apr-04	JAM	BRAD HAMILTON	CARIFTA, BAHAMAS
	800 Free	9:31.42	16-May-08	TOR	MATTHEW CHEN	KEN B. HOLDREN MEM. MEET
	1500 Free	16:40.15	30-Jun-10	JAM	DOMINIC WALTER	CISC CUBA
	50 Back	26.96	29-Jun-11	JAM	TIMOTHY WYNTER	CCCAN, PUERTO RICO
	100 Back	58.87	26-Jun-11	JAM	TIMOTHY WYNTER	CCCAN, PUERTO RICO
	200 Back	2:09.55	1-Jul-11	JAM	TIMOTHY WYNTER	CCCAN, PUERTO RICO
	50 Breast	31.05	5-Jul-04	JAM	BRAD HAMILTON	CISC JAMAICA
	100 Breast	1:10.04	3-Jul-01	JAM	DOMINIC LEE	CCCAN
	200 Breast	2:33.55	7-Jul-01	JAM	DOMINIC LEE	CCCAN
	50 Fly	26.22	2-Jul-11	JAM	TIMOTHY WYNTER	CCCAN, PUERTO RICO
	100 Fly	59.27	23-Apr-11	JAM	TIMOTHY WYNTER	CARIFTA BARBADOS
	200 Fly	2:16.68	22-Jul-76	SPE	ALLAN MARSH	
	200 IM	2:16.70	6-Jul-04	JAM	BRAD HAMILTON	CISC JAMAICA
	400 IM	5:01.42	18-Apr-04	JAM	BRAD HAMILTON	CARIFTA, BAHAMAS
	200 Free Relay	1:43.43	26-Apr-11	JAM	JAMAICA CARIFTA BAR	A. YOUNG, M.LYN, T.WYNTER, S.
	400 Free Relay	3:47.43	23-Apr-11	JAM	JAMAICA CARIFTA BAR	M. LYN, T. WYNTER, A. YOUNG, S
	800 Free Relay	8:31.11	25-Apr-11	JAM	JAMAICA, CARIFTA BARBADOS	A. YOUNG, T. WYNTER, J.JAM
	200 Medley Relay	2:03.36	19-May-91	JAM	D.RICKETTS,L.KING,S.BRIGGS,J.MCINTOSH TEXACO GAMES	
	400 Medley Relay	4:11.84	1-Jul-11	JAM	JAMAICA CCCAN PUEERTO RIC	T.WYNTER, K.CAMPBELL, S.
15-17	50 Free	23.97	8-Aug-05	JAM	BRAD HAMILTON	CCCAN, DOMINICAN REPUB
	100 Free	52.33	2-Apr-05	JAM	BRAD HAMILTON	CARIFTA CURACAO
	200 Free	1:57.20	7-Apr-06	JAM	BRAD HAMILTON	CARIFTA, BARBADOS
	400 Free	4:11.31	28-Jun-10	JAM	DOMINIC WALTER	CISC CUBA
	800 Free	8:54.16	20-Jun-10	JAM	DOMINIC WALTER	CAC PUERTO RICO
	1500 Free	16:42.82	27-Mar-08	JAM	DOMINIC WALTER	
	50 Back	27.98	4-Jul-09	STAS	RAMON WALTON	JUNIOR OLYMPICS PLANTATION FI
	100 Back	59.53	24-Jul-00	JAM	RAMON JAMES	
	200 Back	2:16.17	14-Aug-75	JAM	ALLAN MARSH	CCCAN
	50 Breast	29.91	9-Apr-07	JAM	BRAD HAMILTON	CARIFTA, JAMAICA
	100 Breast	1:07.30	10-Apr-07	JAM	BRAD HAMILT	
	200 Breast	2:26.88	3-Jul-04	JAM	DOMINIC LEE	CISC JAMAICA
	50 Fly	26.15	8-Apr-07	JAM	BRAD HAMILTON	CARIFTA, JAMAICA
	100 Fly	57.07	16-Jul-07	JAM	BRAD HAMILTON	PAN AM GAMES, BRAZIL
	200 Fly	2:06.72	28-Jun-06	JAM	BRAD HAMILTON	CISC, PUERTO RICO
	200 IM	2:15.55	31-Aug-78	FFA	ANDREW PHILLIPS	CANADA?
	400 IM	4:41.80	5-May-78	JAM	ANDREW PHILLIPS	CISC
	200 Free Relay	1:39.91	3-Apr-00	JAM	JAMAICA	G.Robinson,T.Forte,D.Smith,B.Hamilton, Carif
	400 Free Relay	3:42.21	7-Apr-07	JAM	JAMAICA, CARIFTA JAMAICA	J. WONG,R.JOHNSON,D.NICHOL
	800 Free Relay	8:20.60	4-Jul-04	JAM	JAMAICA	Le.LOWE,M.STEWART,T.FORTE,D.LEE

RECORDS NATIONAL AGE

15-17	200 Medley Relay	1:58.33	10-May-98	TOR	K.THOMPSON,R.JAMES,Ph.BHOORASINGH,D.SCOTT TOR/CARII
	400 Medley Relay	4:06.82	5-Jul-04	JAM	JAMAICA CISC JAMAI T.Johnson,D.Lee,T.Forte,M.Stewart